

## WINNING THE WORRY-WAR

October 18, 2020

**Psalm 23:1-6 (NLT)** The LORD is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. He guides me along the right paths for his name's sake. Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

**Luke 8:14 (LB)** "The seed among the thorns represents those who listen and believe God's words but whose faith afterwards is choked out by worry."

*THE CURE TO WORRY? BELIEVE GOD WILL TAKE CARE OF ME!*

**Psalm 23:1** "The Lord is my shepherd; I have everything I need."

**Isaiah 40:11(NCV)** "God takes care of his people like a shepherd."

**Philippians 4:19** "My God will meet all your needs..."

### A.B.C.'S OF LETTING GOD BE MY SHEPHERD

**A** CCEPT JESUS AS MY LORD

**Psalm 23:1** "The Lord is my Shepherd."

**John 10:14, 27** "Jesus said, 'I am the good shepherd...my sheep know me...they listen to my voice, and they follow me.'"

Jesus' words about worry: **Matt. 6:25-30; Matt. 7:3; Matt. 10:19, 20**

**B**EGIN PRAYING ABOUT EVERYTHING

**Philippians 4:6,7 (LB)** "Don't worry about anything; instead pray about everything; tell God your needs...if you do this, you will experience God's peace, which is far more wonderful than the human mind can understand."

**1 Peter 5:7** "Cast all of your anxiety on him because he cares for you."

**C**ONSIDER ONE DAY AT A TIME.

**Matt. 6:34 (LB)** "So don't be anxious about tomorrow. God will take care of your tomorrow too. Live one day at a time."

**Matt. 6:11** "Give us today our daily bread."

**Matt. 6:32,33 (LB)** "Your heavenly Father already knows perfectly well what you need, and He will give them to you if you give Him first place in your life and live as He wants you to."